

MOUNTAIN TIMES

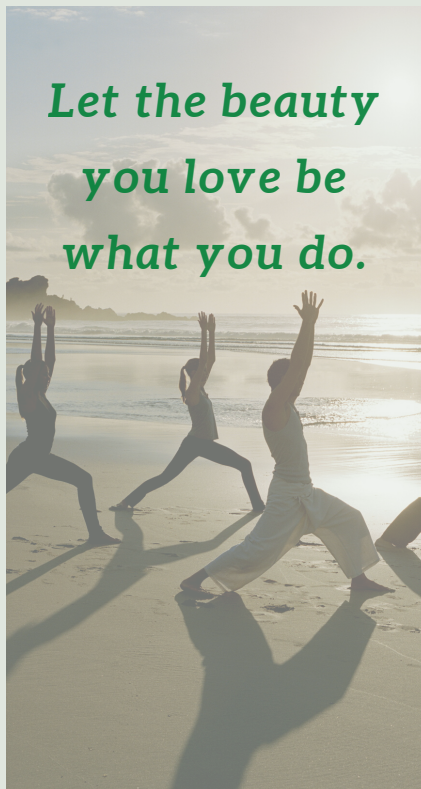
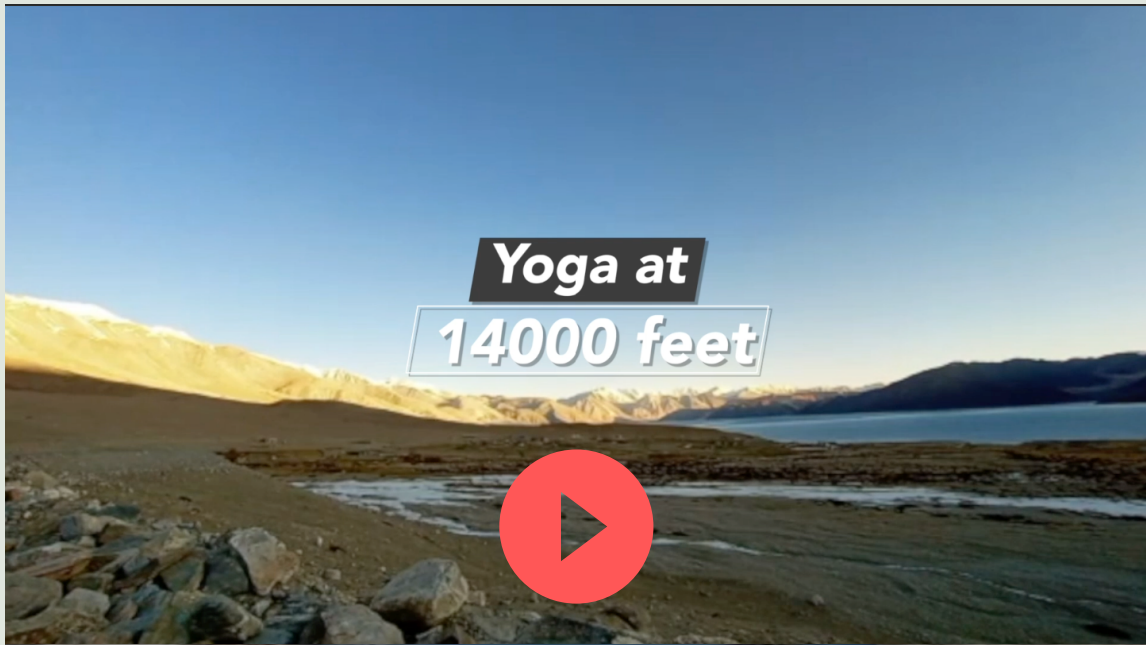


A Mountain Homestays Newsletter

WHATS INSIDE

*Yoga in the Himalayas
Building new Destinations
From the Desk*

JUNE 2020 | EDITION 4



YOGA AT PANGONG TSO

Yoga is a group of physical, mental, and spiritual practice.

The practice of Yoga was started during the Indus-Sarasvati civilization in Northern India over 5,000 years ago.

Mountain Homestays brings together an unique experience of Yoga surrounded by the meditative silence of Pangong Tso

[Explore](#)



BUILDING NEW DESTINATIONS



**"Do not go
where the
path may
lead,
Go instead
where there
is no path
and leave a
trail"**

Mountain Homestays aims to build new unique getaways away from the crowded areas of the world which can be explored as safe destinations.

The vision is to make each destination disaster and socio-ecologically resilient to promote a more inclusive growth.



[Read More](#)

FROM THE DESK



We are pleased to announce that Mountain Homestays is now an official partner of the Mountain Partnership - The United Nations voluntary alliance of partners. The collaboration is a step towards the development of the communities across the mountain areas of the world.

[Learn More](#)

INSPIRATION FROM OUR COMMUNITY

Take inspiration from a local Ladakhi youth who decided to return back to his village and work on bringing development to his village. Read the story of Choejor - from a Postmaster to a Solar Engineer



[Get Inspired](#)

PARTNER WITH MOUNTAIN HOMESTAYS



If you are looking for a partner to promote homestays of your region or creating responsible tourism circuits in your region, get in touch with us

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